The Twist

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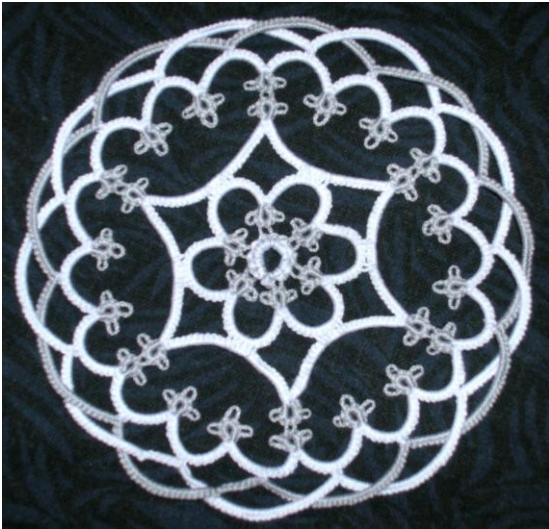
Note: *The two-color version uses 1 shuttle for Rounds 1-4, and 2 shuttles for Round 5.*

The three-color version requires a 2-bobbin shuttle for Rounds 1-4; the colors may be alternated however you choose. Round 5 requires 3 regular shuttles.

Abbreviations:
- Picot
Ch Chain
CTM Continuous
　 Thread Method
J Join
P Picot
R Ring

Directions:
Round 1:
Using shuttle only, with 2 colors of thread tatted together; only allow one strand of thread to make the P's.
R 1-2-2-2-2-2-1.
Cut and tie, finish ends.

Round 2:
Using ball and shuttle.
R 2-2, J to P of Round 1, 2-2.
Ch 8-4-8.
Repeat around motif (total of 6 R's and Ch's).
Cut and tie, finish ends.

Round 3:
Using ball and shuttle.
  R 2-2-2-2.
  Ch 12, J to 1st P on any Ch of Round 2, 4, J to next P, 12.
  Repeat around motif (total of 6 R's and Ch's).
  Cut and tie, finish ends.

Round 4:
Using ball and shuttle.
  R 2-2, J to 2nd P on any R of Round 3, 2-2.
  Ch 8-8.
  R 2-2-2-2.
  Ch 8-8.
  R 2-2-2-2.
  Ch 8-8.
 *R 2-2, J to 2nd P on next R of Round 3, 2-2.
  Ch 8-8.
  R 2-2-2-2.
  Ch 8-8.
  R 2-2-2-2.
  Ch 8-8.
  Repeat from * around motif (total of 18 R's and Ch's).
  Cut and tie, finish ends.

Tips for Round 5: Have all the balls sitting in a row on a table in front of you. Each time you pick up a new color, move that ball around the front of the work to the far right end of the row; this will keep the threads from tangling. To keep the crossings consistent, be sure to drop both threads in front of the work after each join. Before making the next join, stop and make sure that all the threads of the other colors are still in the right place. This sounds complicated, but once you get a rhythm going it's pretty straightforward.

This round is inspired by the border of Karey Solomon's "Pomegranate Braid" bookmark, which can be found in her book Tat Marks the Spot.

Round 5, two-color version:
Using one ball and shuttle wound CTM with color 1, and another ball and shuttle wound CTM with color 2.

Color 1: J to P on any Ch of Round 4. Ch 32, skip one P and J to 2nd free P on Round 4. Drop both threads in front of work.
Color 2: From the front of the work, J to skipped P of Round 4. Ch 32, J to next free P on Round 4. Drop both threads in front of work.
*Color 1: Ch 32, J to next free P on Round 4. Drop both threads in front of work.
Color 2: Ch 32, J to next free P on Round 4. Drop both threads in front of work.
Repeat from * around motif. The final chains of each color should be joined to their respective first chains from the back of the work.
Cut and tie, finish ends. Block.

Round 5, three-color version:
Using one ball and shuttle wound CTM with color 1, a second ball and shuttle wound CTM with color 2, and a third ball and shuttle wound CTM with color 3.
Color 1: J to P on any Ch of Round 4. Ch 48, skip two P's and J to 3rd free P on Round 4. Drop both threads in front of work.
Color 2: From the front of the work, J to first skipped P of Round 4. Ch 48, J to next free P after Color 1. Drop both threads in front of work.
Color 3: From the front of the work, J to second skipped P of Round 4. Ch 48, J to next free P after Color 2. Drop both threads in front of work.
*Color 1: Ch 48, J to next free P on Round 4. Drop both threads in front of work.
Color 2: Ch 48, J to next free P on Round 4. Drop both threads in front of work.
Color 3: Ch 48, J to next free P on Round 4. Drop both threads in front of work.
Repeat from * around motif. The final chains of each color should be joined to their respective first chains from the back of the work.
Cut and tie, finish ends. Block.