

## ***Hula Hoops and Jump Ropes***

Vocabulary: edge, around, through, behind, in front, beside, inside, right, left, below, over.

Materials: Hula hoops, jump ropes and cones are often a part of the physical education materials of a school.

Instructions: The materials can be used in a game of follow the leader or following directions. Two child hood games that lend themselves to using the hoops and jump ropes for vocabulary development are “The Hokey Pokey” and “Simon Says”

For those who need a little help with the words and music here is a good site for the Hokey Pokey

<http://kids.niehs.nih.gov/lyrics/hokey.htm>

Here is a site for directions to Simon Says

[http://en.wikipedia.org/wiki/Simon\\_Says](http://en.wikipedia.org/wiki/Simon_Says)

Or you can just make a good obstacle course and have students direct each other through it.