



# Spellcasting

w/ Bitter Tea Tarot + fathom library

at *Magic Hour*

What do you want to remember from your reading?



***In what ways do you hope to grow this season?***



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**What helps you feel grounded or balanced?**





**A NUGGET OF WISDOM:**



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## A SIMPLE CANDLE SPELL

1. A small spell candle and holder (Spectrum India sells small colored candles for this purpose. A tea light would also work.)
2. An essential oil or blend aligned with your goal. (see Magick Tea ingredients for some ideas)
3. Matches or lighter
4. Optional: Paper, pen, tarot cards, tea

**Hold** the unlit candle in your hand and focus on your intention.

**Dress** the candle. Rub a few drops of your essential oil on the candle and the wick. Imagine you are sealing in your intention.

**Place** the candle in the holder. Speak your intention aloud. Light the candle.

*Give yourself enough time to let your candle burn itself out. A small spell candle will usually burn for an hour and a half. If you need to put out the candle, common spell practice says snuff it out.*



## **CUSTOM SPELL**

Length of Spell:



Time of day:

Location:



Ritual Description:



Sacrifice:



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\* \* \* **CREATING** \* \* \*

\* \* \* **A MAGICKAL TEA** \* \* \*

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Working with herbs are an effective way to support your intentions. Consider the following ingredients when designing your own magickal brew:

Brew loose and strain or use a paper tea satchel. Allow 10 minutes to steep.

For a wide array of dried herbs, visit Pharmacy Herbs or Seven Arrows Farm.

A=air, E=earth, F=fire,  
W=water

**Clove:** (F) Memory, Protection, courage

**Mugwort:** (E) psychic awareness, psychic dreams

**Peppermint:** (A) purification, mental clarity

**Jasmine:** (W) Dreams, sensuality, love

**Rosemary:** (F) Clarity, focus, energizing

**Cinnamon Sticks:** (F) prosperity, psychic energy

**Thyme:** (W) courage, health

**Sage:** (A) Memory, Wisdom, Money

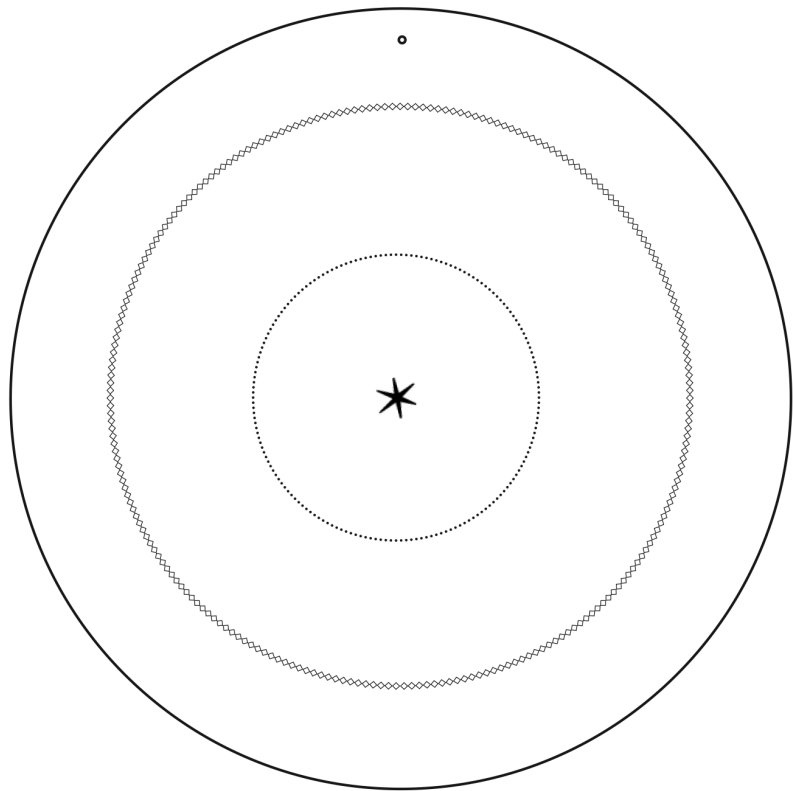
**Skullcap:** (W) eases anxiety, calming, peace of mind

**Lavender:** (A) Health, peace, the conscious mind

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