

## Bible Lesson – Psalm 62

### God is My Refuge

*<sup>1</sup> My soul waits in silence for God only; from Him is my salvation. <sup>2</sup> He only is my rock and my salvation, my stronghold; I shall not be greatly shaken. <sup>3</sup> How long will you assail a man, that you may murder him, all of you, like a leaning wall, like a tottering fence? <sup>4</sup> They have counseled only to thrust him down from his high position; they delight in falsehood; they bless with their mouth, but inwardly they curse. Selah. <sup>5</sup> My soul, wait in silence for God only, for my hope is from Him. <sup>6</sup> He only is my rock and my salvation, my stronghold; I shall not be shaken. <sup>7</sup> On God my salvation and my glory rest; the rock of my strength, my refuge is in God. <sup>8</sup> Trust in Him at all times, O people; pour out your heart before Him; God is a refuge for us. Selah. <sup>9</sup> Men of low degree are only vanity and men of rank are a lie; in the balances they go up; they are together lighter than breath. <sup>10</sup> Do not trust in oppression and do not vainly hope in robbery; if riches increase, do not set your heart upon them. <sup>11</sup> Once God has spoken; twice I have heard this: that power belongs to God; <sup>12</sup> And lovingkindness is Yours, O Lord, for You recompense a man according to his work.*

#### 1. Introduction

- A. God is both able (all powerful), and willing (loving), to provide for all of His children's needs.
- B. Some repetition, denoting importance (draw in, listen closely to what I'm saying).

#### 2. Cunning of the wicked (V. 3-4)

- A. Trying to take the Godly down; make them stumble; suffer public embarrassment and shame, cause them permanent hurt and dishonor, possibly even kill.
- B. Concerning David as the author of Psalm 62, this would be David's enemies...people like:
  - I. Saul (**1 Samuel 18, 19**), Absalom (**2 Samuel 15**)
- C. Concerning you and me
  - I. Most of us don't have wicked people pursuing us like David did, although some of us might.
    - 1. A work situation where someone is trying to sabotage you.
    - 2. A feud with a neighbor.
    - 3. A social media feud.
  - II. There is a wicked enemy we all have – Satan
    - 1. Satan wants to take each one of us down, just as David's enemies wanted to take him down.
      - a. He wants to damage our relationship with God.
    - 2. He is cunning and tricky, just like V.3-4 describes the wicked.
      - a. As one Pastor stated..."Satan is a master of stealth guerilla warfare."
    - 3. Although Satan delights when anyone stumbles, he perhaps takes special delight in seeing a church leader stumble.
- D. Notice that David only spends two verses talking about the wicked.
  - I. He spends most of Psalm 62 talking about God.
  - II. Do you focus more of your time each day on the wicked than you do on God?...reading the news, discussing the wicked, rather than focusing on and talking about God.

#### 3. Characteristics (attributes) of God

- A. Savior
  - I. V.1, 2, 6, 7: *my salvation*.
    - 1. He is my deliverer from enemies, my victory, my help.
    - 2. Not just a Savior, but the only Savior. V. 1, 2, 5, 6 *God only*
    - 3. **Titus 2:13** <sup>13</sup> *looking for the blessed hope and the appearing of the glory of our great God and Savior, Christ Jesus, (a very clear affirmation of the deity of Christ)*
- B. Shelter
  - I. V.2, 6, 7 *rock*, V.2, 6 *stronghold*, V.7, 8 *refuge*
  - II. God is a safe haven for His people when the storms come...and they will come!
  - III. **Matthew 11:28** <sup>28</sup> *Come to Me, all who are weary and heavy-laden, and I will give you rest.*

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- C. Strong (powerful)
  - I. **Revelation 19:1** <sup>1</sup> *After these things I heard something like a loud voice of a great multitude in heaven, saying, "Hallelujah! Salvation and glory and power belong to our God;*
  - II. Acknowledges God's omnipotence (the greatest power) and sovereignty (the greatest authority).
    - 1. He created the world and man, divided the Red Sea, raised Jesus from the dead...will raise everyone from the dead on the last day.
  - III. Even though we are weak, He is strong...this is Good News!
    - 1. God gives us His strength to withstand the attacks from Satan and our enemies.
- D. Loving
  - I. V.12 *And lovingkindness is Yours, O Lord,*
    - 1. God's covenantal and faithful love (Hesed) between Him and His chosen children.
      - a. **Exodus 34:6-7** ...*"The Lord, the Lord God, compassionate and gracious, slow to anger, and abounding in lovingkindness and truth; <sup>7</sup> who keeps lovingkindness for thousands, who forgives iniquity, transgression and sin;...*
      - b. **Psalm 23:6** <sup>6</sup> *Surely goodness and lovingkindness will follow me all the days of my life, And I will dwell in the house of the Lord forever.*
      - c. **1 John 4:10** <sup>10</sup> *In this is love, not that we loved God, but that He loved us...*
- E. The more we focus on God and His characteristics, the more our confidence and hope rises, and our fears fall away. This was true of David, and it can be true for you.

#### 4. Confidence in God

- A. As David thinks about God, he reassures himself, and grows in confidence.
  - I. V.2, 6 *I shall not be shaken.* ...not because he's a tough guy, but because God is his rock, his firm foundation.
    - 1. **Psalm 125:1** <sup>1</sup> *Those who trust in the Lord are as Mount Zion, which cannot be moved but abides forever.*
- B. Confidence builds hope. V.5 ... *for my hope is from Him.* David does not live like an unbeliever that has no hope, or who hopes in something that cannot deliver what it promises.
  - I. **1 Peter 3:15** <sup>15</sup> *but sanctify Christ as Lord in your hearts, always being ready to make a defense to everyone who asks you to give an account for the hope that is in you...*
- C. David's confidence means he has unbreakable security.
  - I. **Romans 8:31** <sup>31</sup> *What then shall we say to these things? If God is for us, who is against us?*
  - II. **Romans 8:37-39** <sup>37</sup> *But in all these things we overwhelmingly conquer through Him who loved us. <sup>38</sup> For I am convinced that neither death, nor life, nor angels, nor principalities, nor things present, nor things to come, nor powers, <sup>39</sup> nor height, nor depth, nor any other created thing, will be able to separate us from the love of God, which is in Christ Jesus.*

#### 5. Call to the people

- A. V.8 <sup>8</sup> *Trust in Him at all times...*
  - I. V.9-10 Don't trust in people. Don't trust in what you gain by oppressing (and don't oppress). Don't trust in your riches.
- B. V.8 <sup>8</sup> *...pour out your heart before Him...*
  - I. Pray! Don't hold your anxieties and fears and guilt inside...pour them out to God.

#### 6. Comments on V.11-12

- A. V.11 <sup>11</sup> *Once God has spoken; twice I have heard this...*
  - I. Point of emphasis...God speaks once through his Word. David has both heard through reading God's Word, and he has also heard through the prophets.
    - 1. How many times have the lost heard the Gospel call over the course of their life and rejected it?

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- B. V.12 <sup>12</sup> *And lovingkindness is Yours, O Lord, for You recompense a man according to his work.*
  - I. **Not** talking about salvation by works.
  - II. Not the primary lesson being taught, but it does confirm that God will judge the wicked according to what they have done.
  - III. V.12 (in total) shows that God's lovingkindness towards His children motivates and moves them to willingly obey Him, and he will reward them for their obedience.

#### 7. Summary

- A. Because of who God is, believers have a strong foundation in life to rest upon, no matter what happens...God is my refuge.
  - I. **Psalm 18:1-2** <sup>1</sup>*"I love You, O Lord, my strength."* <sup>2</sup>*The Lord is my rock and my fortress and my deliverer, my God, my rock, in whom I take refuge; my shield and the horn of my salvation, my stronghold.*