



Advancing Advance Care Planning in Colorado – Opportunities for Education and Updates

During 2010, the Colorado legislature and the Colorado Department of Public Health and Environment made **major updates to the laws and regulations governing advance directives and advance care planning**: the Living Will statute was entirely repealed and re-enacted with significant changes; the CPR regulations were completed rewritten to conform more closely to the original statute; and the Medical Orders for Scope of Treatment program was launched.

The **Medical Orders for Scope of Treatment** is a new and highly effective method for identifying, documenting, and communicating preferences for medical treatment. A two-sided, one-page form, the **MOST documents key decisions** regarding CPR, general scope of treatment, antibiotics, and artificial nutrition and hydration. Intended for persons who are already seriously or chronically ill, it is completed in conversation with a healthcare professional. When signed by a physician, physician's assistant, or advanced practice nurse, the **MOST becomes a medical order set**, which can be followed in any healthcare setting. Research has proven MOST to increase advance care planning, documentation of preferences, and adherence to treatment choices while decreasing unwanted treatment and unnecessary confusion or conflict.

On August 23, Kip Boyd, MD, Chief Medical Officer, Mercy Regional Medical Center, and **Jennifer Ballentine, MA**, Executive Director of Life Quality Institute and co-chair of the Colorado Advance Directives Consortium, will offer three different educational opportunities to get up to speed on these changes.

7:30–9:30AM, Advancing Advance Care Planning: News from the Front. An overview of updates to advance directives, laws, tools, and regulations, and an introduction to the Medical Orders for Scope of Treatment

12:00–2:30PM, Getting the MOST Out of the Medical Orders for Scope of Treatment: An intensive training on the MOST process, the form, and implementation in healthcare facilities, senior residences, home health and hospice programs. **Providers from the community are especially invited to attend.** Will also be of interest to primary care, senior care advisors, financial and legal professionals, and care managers. A MUST for emergency medical services.

5:30–8:00PM, Advancing Advance Care Planning: News from the Front. A repeat of the morning session.

LIFE QUALITY INSTITUTE
advancing palliative care through education™

All events take place in Room A, Mercy Regional Medical Center
All events are free of charge, but reservations are requested:
call 970-764-1260 or email LindseyMitchell@Centura.org