

**TRINITY LUTHERAN CHURCH HEALTH FORM FOR YOUTH PARTICIPANTS**  
**3701 Jefferson Avenue**  
**Midland, MI 48640 (989) 631-0692**

**GENERAL INFORMATION**

NAME \_\_\_\_\_ BIRTHDAY \_\_\_\_\_

ADDRESS \_\_\_\_\_ SEX: F or M

CITY/STATE/ZIP \_\_\_\_\_

HOME PHONE \_\_\_\_\_ CELL PHONE(s) \_\_\_\_\_

PARENTS' NAMES \_\_\_\_\_

IN CASE OF EMERGENCY, CALL \_\_\_\_\_

HEALTH INSURANCE CARRIER NAME \_\_\_\_\_

GROUP OR ID # \_\_\_\_\_

*(Please provide a front/back copy of the health insurance card for reference)*

**HEALTH HISTORY**

List any special medical conditions that the staff should be aware of: \_\_\_\_\_  
\_\_\_\_\_

List any recent illnesses / injuries / restrictions to physical activity for the participant \_\_\_\_\_  
\_\_\_\_\_

List all allergies (food / drug / other) \_\_\_\_\_

Are all immunizations current? \_\_\_\_\_yes \_\_\_\_\_no (explain below)

List any additional health or other information you feel the staff should know about \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**PERMISSION TO TRANSPORT**

I hereby give permission for my child to be transported to/from the event by a qualified driver:

Parent Signature: \_\_\_\_\_ Date: \_\_\_\_\_

**PUBLICITY RELEASE**

Photos of my son/daughter may be used in promotional materials:

Parent Signature: \_\_\_\_\_ Date: \_\_\_\_\_

**MEDICATIONS**

The following list includes over-the-counter medications available to treat minor afflictions as listed below. The dosage is determined according to the size/age of the child and specific directions on the package label. Please indicate whether or not these treatments may be given for each condition listed.

Yes	No	Medication	Condition
		Acetaminophen (Tylenol)	Relief of minor headache or fever
		Chloraseptic Spray / Throat Lozenges	Sore throat
		Sudafed	Relieve congestion
		Antihistamine	Relieve congestion
		Hydrogen Peroxide	Clean abrasions/cuts
		Betadine / PhisoHex	Clean abrasions/cuts
		Neosporin	Treat abrasions/cuts
		Sunscreen / Aloe	Prevent / treat sunburn
		Caladryl / Hydrocortisone cream	Poison Ivy / Bites
		Rhuligel/Calamine	Bee sting

**OTHER MEDICATIONS WITH DOSAGE/SCHEDULE to be taken:**

\_\_\_\_\_

\_\_\_\_\_

*(All medication **must** be sent in original containers.)*

**PERMISSION TO GIVE MEDICINE**

I hereby give permission for my child as previously named to receive the above treatments as indicated with aid from designated staff:

Parent Signature: \_\_\_\_\_ Date: \_\_\_\_\_

**PARENT PERMISSION TO PARTICIPATE**

I hereby give permission for my child to participate in all activities. I will not hold the Trinity Lutheran Church responsible for conditions beyond their control. My child will follow the rules of and the directions of the program leaders.

Parent Signature: \_\_\_\_\_ Date: \_\_\_\_\_

**AUTHORIZATION FOR TREATMENT**

I hereby give permission to medical personnel selected by the staff to order x-rays, routine tests, and necessary emergency transportation for my son/daughter. In the event I cannot be reached in an emergency, I hereby give permission to the physician selected by the staff to secure and administer treatment, including hospitalization, for my son/daughter as named above.

Parent Signature: \_\_\_\_\_ Date: \_\_\_\_\_

**PARTICIPANT AGREEMENT**

I understand and agree to abide by the rules and any restrictions placed on my activities:

Participant Signature: \_\_\_\_\_ Date: \_\_\_\_\_