

Tournament info

**He Yong Gan Cup Dutch Open Championships 2023** □□□□□□

Date: 8 July 2023  
Location: Sportcentrum Matenpark  
Heemradenlaan 130  
7329 BZ Apeldoorn  
Time: 10-00 - 17:00  
Website: [www.tcma-tournament.com](http://www.tcma-tournament.com)  
Email: [info@tcma-tournament.com](mailto:info@tcma-tournament.com)  
Mobile/Whatsapp: +31612645368



## Tournament info

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## Registration Instructions

**instructions:** participant gets a separate line. Payment can be made as one amount for the entire

**Costs:** First activity per person is 30 euro, each additional activity per person is 12.50 euro  
Coaches 7,50 euro per coach, but for 1-5 participants, 1 coach is free of charge, 6-  
Please see the information document for more information about registration and p

Each category of activities has its own tab. Please remove tabs of activities you(r s  
Coaches must be registered in a separate tab.

### Fields to be filled in:

First Name	Your given name
Last Name	Your birth name
School	Your Taijiquan of Kung Fu school (if you participate with a school team)
Age	Your age in full years at the date of the tournament (not for all activities)
Weight	Your weight in kg, only needs to be filled in if you participate in Sanda or Push Han
Sex	Either male or female, only needs to be filled in if you participate in Sanda or Push
Activity	Type of activity, where applicable, the choices are already filled in, please remove t
Years of experience	Years of experience (for Sanda and Push Hands). This helps us create fair pools/r
Number of fights	Number of fights you participated in (for Sanda and Push Hands). This helps us cre
Form	The form you will be performing. This will allow us to create the poules in a better v
I agree with the terms and conditions of participation	You need to agree with the terms and conditions mentioned on the website and in t
Is it ok for you to push with somebody of the opposite sex?	Only for push hands. Depending on the number of participants, being able to have

Please email the filled in registration form to [info@tcma-tournament.com](mailto:info@tcma-tournament.com). We will u

## Registration Instructions

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:10 2 coaches, etc.  
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Hands  
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atches.  
eate fair pools/matches.  
vay.

the information document in order to participate.

a mixed poule may make more matches possible.

se the email address from which you send the registration form as the contact email address for the

## Registration Instructions

participants in the form.

Coach

**School & Co**

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<b>First Name</b>	<b>Last Name</b>	<b>School</b>	<b>Phone Number</b>
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Coach

## Coaches Info

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Email

I agree with the terms and conditions of participation?  
yes / no

## Taiji (Tai Chi)

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Please note that the modern taiji forms (3rd set IWUF compulsory and

<b>First Name</b>	<b>Last Name</b>	<b>School</b>	<b>Sex</b>
<i>John</i>	<i>Doe</i>	<i>Schoolname</i>	<i>M/F</i>



Taiji (Tai Chi)

## **Taiji (Tai Chi) Forms**

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optional forms) should be registered under the "Wushu" tab. All other Taiji forms can

**Activity (if you participate in multiple activities add a line for each activity)**

*bare hand / short weapon / long weapon*

Taiji (Tai Chi)

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n be registered here. Other internal styles such as Xingyi and B

<b>Style (Yang, Chen, Wu, Sun, etc.)</b>	<b>Name of the form</b>
	<i>Chen Style 56</i>

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agua can be registered under "Traditional Kung Fu".

**I agree with the terms and conditions of participation?**

*yes / no*

Traditional Kung Fu

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<b>First Name</b>	<b>Last Name</b>	<b>School</b>	<b>Sex</b>
<i>John</i>	<i>Doe</i>	<i>Schoolname</i>	<i>M/F</i>

## **Traditional Kung**

All Traditional Kung Fu Forms can be registered on this tab, includ

**Activity (if you participate in multiple activities add a line for each activity)**

*bare hand / short weapon / long weapon / flexible weapons*

## Fu

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ling internal styles such as Xingyi and Bagua.

Style (Shaolin, Bajiquan, Hongquan, etc.)	Name of the form
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<i>Shaolin</i>	
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	<i>Luohan Er Lu</i>
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**I agree with the terms and conditions of participation?**

*yes / no*

## Modern Wushu

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Please note: the 3rd Taiji Compulsory and Optional Forms should also be registered.  
This competition will be organized in a fair and transparent way, with as many competitors as possible.  
However, competitors and coaches must understand that small competitions will combine jianshu and daoshu into a "short weapons" group. We will avoid this.  
Competitors may choose a maximum of 3 forms (1 empty handed, 1 short weapons, 1 long weapons).

By registering, the coach and athletes agree with the Terms & Conditions on the website.

#	Athlete Name	Date of birth	Sex
1			
2			
3			
4			



## Modern Wushu

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istered under Modern Wushu (Not under the Taiji tab).

individual events as possible, arranged according to age, gender and form. The head judge sometimes need to combine events to be able to have enough competitors in a group. If this as much as possible and inform competitors before the competition of these changes.  
(1 short weapon and 1 long weapon)

the website <https://www.tcma-tournament.com/>

**Empty Handed Form**

**Short Weapon Form**

## Modern Wushu

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is a Level A IWUF judge and will use 2019 IWUF rules with A-group and B-group judging.  
; happens we might combine, for example, male and female into the same group or

**Long Weapon Form I agree with the terms and conditions of participation? yes / no**

Sanda

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<b>First Name</b>	<b>Last Name</b>	<b>School</b>	<b>Age (at date of tournament)</b>
<i>John</i>	<i>Doe</i>	<i>Schoolname</i>	

Sanda

## Sanda

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<b>Weight</b>	<b>Sex</b>	<b>Years of Experience</b>
	<i>M/F</i>	<i>bare hand / short weapon / long weapon</i>

Sanda

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**Number fights**

*Shaolin*

Sanda

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**I agree with the terms and conditions of participation?**

*yes / no*

Push hands

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<b>First Name</b>	<b>Last Name</b>	<b>School</b>	<b>Age (at date of tournament)</b>
<i>John</i>	<i>Doe</i>	<i>Schoolname</i>	

Push hands

## Push Hands

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<b>Weight</b>	<b>Sex</b> <i>M/F</i>	<b>Years of Experience</b>	<b>Number fights</b>	<b>Activity</b> parallel step / fixed step / moving Step
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Push hands

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**Is it ok for you to push with somebody of the opposite sex?**

Push hands

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<b>I agree with the terms and conditions of participation?</b> <i>yes / no</i>	<b>participate in the workshop?</b> <i>yes/no</i>
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Duilian

## Duilian

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First Name	Last Name	School	Name of the form
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If you participate with more duilian couples, please indicate v

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**I agree with the terms and conditions of participation?**

yes / no

which persons belong together.

## **Please don't make changes to this sheet**

### **Empty Handed**

Changquan (compulsory)

Changquan (optional)

Nanquan (compulsory)

Nanquan (optional)

Elementary Forms (16, 18, 20, 32 or Wu Bu Quan)

Intermediate Forms

Taijiquan (compulsory 3rd set)

Taijiquan (optional)

**Short Weapons**

Jianshu (compulsory)  
Jianshu (optional)  
Daoshu (compulsory)  
Daoshu (optional)  
Nandao (compulsory)  
Nandao (optional)  
Elementary Forms (16, 18, 20, 32)  
Intermediate Forms  
Taijijian (compulsory 3rd set)  
Taijijian (optional)

**Long Weapons**

Gunshu (compulsory)  
Gunshu (optional)  
Qiangshu (compulsory)  
Qiangshu (optional)  
Nangun (compulsory)  
Nangun (optional)  
Elementary Forms (16, 18, 20, 32)  
Intermediate Forms

**Gender**

Male  
Female