REGISTRATION FORMS HE YONG GAN CUP 2024

Dutch Open Championships 21 – September - 2024

Traditional Kungfu, Taijiquan, Pushing Hands, Sanda, Selfdefense





FILL IN THE SCHOOL NAME AND COACH INFORMATION, PER 5 ATHLETES 1 COACH GETS FREE ENTRANCE

SCHOOL	COACH	PHONE	E-MAIL

BELOW YOU CAN FIND REGISTRATION FORMS FOR THE ATHLETES

FILL IN ONE FORM PER ATHLETE !!!!

- MAKE EVERY FORM AS COMPLETE AS POSSIBLE

USE ONE REGISTRATION FORM PER ATHLETE!

NAME	AGE	GENDER M/F	EXPERIENCE IN YEARS	SCHOOL

TAOLU: SHAOLIN – WUSHU – TRADITIONAL KUNG FU – TAI CHI CHUAN – OTHER STYLES

TAOLU STYLE	UNARMED	SHORT WEAPON	LONG WEAPON	FLEXIBLE WEAPONS	EXHIBITION	OTHER

<mark>DUILIAN</mark>

NAME & AGE ATHLETE 1	NAME & AGE ATHLETE 2	STYLE & TAOLU NAME

CONTACT STYLES	PARTICIPATION YES OR NO?	EXPERIENCE	ATHLETE WEIGHT IN KG
SANDA		How many Fights?	
PUSH HANDS	☐ Parallel Step ☐ Fixed Step ☐ Moving Step	How many competitions?	
SELFDEFENSE		Selfdefense experience?	

USE ONE REGISTRATION FORM PER ATHLETE!

NAME	AGE	GENDER M/F	EXPERIENCE IN YEARS	SCHOOL

TAOLU: SHAOLIN – WUSHU – TRADITIONAL KUNG FU – TAI CHI CHUAN – OTHER STYLES

TAOLU STYLE	UNARMED	SHORT WEAPON	LONG WEAPON	FLEXIBLE WEAPONS	EXHIBITION	OTHER

<mark>DUILIAN</mark>

NAME & AGE ATHLETE 1	NAME & AGE ATHLETE 2	STYLE & TAOLU NAME

CONTACT STYLES	PARTICIPATION YES OR NO?	EXPERIENCE	ATHLETE WEIGHT IN KG
SANDA		How many Fights?	
PUSH HANDS	☐ Parallel Step ☐ Fixed Step ☐ Moving Step	How many competitions?	
SELFDEFENSE		Selfdefense experience?	

USE ONE REGISTRATION FORM PER ATHLETE!

NAME	AGE	GENDER M/F	EXPERIENCE IN YEARS	SCHOOL

TAOLU: SHAOLIN – WUSHU – TRADITIONAL KUNG FU – TAI CHI CHUAN – OTHER STYLES

TAOLU STYLE	UNARMED	SHORT WEAPON	LONG WEAPON	FLEXIBLE WEAPONS	EXHIBITION	OTHER

<mark>DUILIAN</mark>

NAME & AGE ATHLETE 1	NAME & AGE ATHLETE 2	STYLE & TAOLU NAME

CONTACT STYLES	PARTICIPATION YES OR NO?	EXPERIENCE	ATHLETE WEIGHT IN KG
SANDA		How many Fights?	
PUSH HANDS	☐ Parallel Step ☐ Fixed Step ☐ Moving Step	How many competitions?	
SELFDEFENSE		Selfdefense experience?	

USE ONE REGISTRATION FORM PER ATHLETE!

NAME	AGE	GENDER M/F	EXPERIENCE IN YEARS	SCHOOL

TAOLU: SHAOLIN – WUSHU – TRADITIONAL KUNG FU – TAI CHI CHUAN – OTHER STYLES

TAOLU STYLE	UNARMED	SHORT WEAPON	LONG WEAPON	FLEXIBLE WEAPONS	EXHIBITION	OTHER

<mark>DUILIAN</mark>

NAME & AGE ATHLETE 1	NAME & AGE ATHLETE 2	STYLE & TAOLU NAME

CONTACT STYLES	PARTICIPATION YES OR NO?	EXPERIENCE	ATHLETE WEIGHT IN KG
SANDA		How many Fights?	
PUSH HANDS	☐ Parallel Step ☐ Fixed Step ☐ Moving Step	How many competitions?	
SELFDEFENSE		Selfdefense experience?	

USE ONE REGISTRATION FORM PER ATHLETE!

NAME	AGE	GENDER M/F	EXPERIENCE IN YEARS	SCHOOL

TAOLU: SHAOLIN – WUSHU – TRADITIONAL KUNG FU – TAI CHI CHUAN – OTHER STYLES

TAOLU STYLE	UNARMED	SHORT WEAPON	LONG WEAPON	FLEXIBLE WEAPONS	EXHIBITION	OTHER

<mark>DUILIAN</mark>

NAME & AGE ATHLETE 1	NAME & AGE ATHLETE 2	STYLE & TAOLU NAME

CONTACT STYLES	PARTICIPATION YES OR NO?	EXPERIENCE	ATHLETE WEIGHT IN KG
SANDA		How many Fights?	
PUSH HANDS	☐ Parallel Step ☐ Fixed Step ☐ Moving Step	How many competitions?	
SELFDEFENSE		Selfdefense experience?	

USE ONE REGISTRATION FORM PER ATHLETE!

NAME	AGE	GENDER M/F	EXPERIENCE IN YEARS	SCHOOL

TAOLU: SHAOLIN – WUSHU – TRADITIONAL KUNG FU – TAI CHI CHUAN – OTHER STYLES

TAOLU STYLE	UNARMED	SHORT WEAPON	LONG WEAPON	FLEXIBLE WEAPONS	EXHIBITION	OTHER
_						
_						

<mark>DUILIAN</mark>

NAME & AGE ATHLETE 1	NAME & AGE ATHLETE 2	STYLE & TAOLU NAME

CONTACT STYLES	PARTICIPATION YES OR NO?	EXPERIENCE	ATHLETE WEIGHT IN KG
SANDA		How many Fights?	
PUSH HANDS	☐ Parallel Step ☐ Fixed Step ☐ Moving Step	How many competitions?	
SELFDEFENSE		Selfdefense experience?	

USE ONE REGISTRATION FORM PER ATHLETE!

NAME	AGE	GENDER M/F	EXPERIENCE IN YEARS	SCHOOL

TAOLU: SHAOLIN – WUSHU – TRADITIONAL KUNG FU – TAI CHI CHUAN – OTHER STYLES

TAOLU STYLE	UNARMED	SHORT WEAPON	LONG WEAPON	FLEXIBLE WEAPONS	EXHIBITION	OTHER

<mark>DUILIAN</mark>

NAME & AGE ATHLETE 1	NAME & AGE ATHLETE 2	STYLE & TAOLU NAME

CONTACT STYLES	PARTICIPATION YES OR NO?	EXPERIENCE	ATHLETE WEIGHT IN KG
SANDA		How many Fights?	
PUSH HANDS	☐ Parallel Step ☐ Fixed Step ☐ Moving Step	How many competitions?	
SELFDEFENSE		Selfdefense experience?	

USE ONE REGISTRATION FORM PER ATHLETE!

NAME	AGE	GENDER M/F	EXPERIENCE IN YEARS	SCHOOL

TAOLU: SHAOLIN – WUSHU – TRADITIONAL KUNG FU – TAI CHI CHUAN – OTHER STYLES

TAOLU STYLE	UNARMED	SHORT WEAPON	LONG WEAPON	FLEXIBLE WEAPONS	EXHIBITION	OTHER

<mark>DUILIAN</mark>

NAME & AGE ATHLETE 1	NAME & AGE ATHLETE 2	STYLE & TAOLU NAME

CONTACT STYLES	PARTICIPATION YES OR NO?	EXPERIENCE	ATHLETE WEIGHT IN KG
SANDA		How many Fights?	
PUSH HANDS	☐ Parallel Step ☐ Fixed Step ☐ Moving Step	How many competitions?	
SELFDEFENSE		Selfdefense experience?	

USE ONE REGISTRATION FORM PER ATHLETE!

NAME	AGE	GENDER M/F	EXPERIENCE IN YEARS	SCHOOL

TAOLU: SHAOLIN – WUSHU – TRADITIONAL KUNG FU – TAI CHI CHUAN – OTHER STYLES

TAOLU STYLE	UNARMED	SHORT WEAPON	LONG WEAPON	FLEXIBLE WEAPONS	EXHIBITION	OTHER

<mark>DUILIAN</mark>

NAME & AGE ATHLETE 1	NAME & AGE ATHLETE 2	STYLE & TAOLU NAME

CONTACT STYLES	PARTICIPATION YES OR NO?	EXPERIENCE	ATHLETE WEIGHT IN KG
SANDA		How many Fights?	
PUSH HANDS	☐ Parallel Step ☐ Fixed Step ☐ Moving Step	How many competitions?	
SELFDEFENSE		Selfdefense experience?	

USE ONE REGISTRATION FORM PER ATHLETE!

NAME	AGE	GENDER M/F	EXPERIENCE IN YEARS	SCHOOL

TAOLU: SHAOLIN – WUSHU – TRADITIONAL KUNG FU – TAI CHI CHUAN – OTHER STYLES

TAOLU STYLE	UNARMED	SHORT WEAPON	LONG WEAPON	FLEXIBLE WEAPONS	EXHIBITION	OTHER
_						

<mark>DUILIAN</mark>

NAME & AGE ATHLETE 1	NAME & AGE ATHLETE 2	STYLE & TAOLU NAME

CONTACT STYLES	PARTICIPATION YES OR NO?	EXPERIENCE	ATHLETE WEIGHT IN KG
SANDA		How many Fights?	
PUSH HANDS	☐ Parallel Step ☐ Fixed Step ☐ Moving Step	How many competitions?	
SELFDEFENSE		Selfdefense experience?	

USE ONE REGISTRATION FORM PER ATHLETE!

NAME	AGE	GENDER M/F	EXPERIENCE IN YEARS	SCHOOL

TAOLU: SHAOLIN – WUSHU – TRADITIONAL KUNG FU – TAI CHI CHUAN – OTHER STYLES

TAOLU STYLE	UNARMED	SHORT WEAPON	LONG WEAPON	FLEXIBLE WEAPONS	EXHIBITION	OTHER

<mark>DUILIAN</mark>

NAME & AGE ATHLETE 1	NAME & AGE ATHLETE 2	STYLE & TAOLU NAME

CONTACT STYLES	PARTICIPATION YES OR NO?	EXPERIENCE	ATHLETE WEIGHT IN KG
SANDA		How many Fights?	
PUSH HANDS	☐ Parallel Step ☐ Fixed Step ☐ Moving Step	How many competitions?	
SELFDEFENSE		Selfdefense experience?	

USE ONE REGISTRATION FORM PER ATHLETE!

NAME	AGE	GENDER M/F	EXPERIENCE IN YEARS	SCHOOL

TAOLU: SHAOLIN – WUSHU – TRADITIONAL KUNG FU – TAI CHI CHUAN – OTHER STYLES

TAOLU STYLE	UNARMED	SHORT WEAPON	LONG WEAPON	FLEXIBLE WEAPONS	EXHIBITION	OTHER

<mark>DUILIAN</mark>

NAME & AGE ATHLETE 1	NAME & AGE ATHLETE 2	STYLE & TAOLU NAME

CONTACT STYLES	PARTICIPATION YES OR NO?	EXPERIENCE	ATHLETE WEIGHT IN KG
SANDA		How many Fights?	
PUSH HANDS	☐ Parallel Step ☐ Fixed Step ☐ Moving Step	How many competitions?	
SELFDEFENSE		Selfdefense experience?	

USE ONE REGISTRATION FORM PER ATHLETE!

NAME	AGE	GENDER M/F	EXPERIENCE IN YEARS	SCHOOL

TAOLU: SHAOLIN – WUSHU – TRADITIONAL KUNG FU – TAI CHI CHUAN – OTHER STYLES

TAOLU STYLE	UNARMED	SHORT WEAPON	LONG WEAPON	FLEXIBLE WEAPONS	EXHIBITION	OTHER

<mark>DUILIAN</mark>

NAME & AGE ATHLETE 1	NAME & AGE ATHLETE 2	STYLE & TAOLU NAME

CONTACT STYLES	PARTICIPATION YES OR NO?	EXPERIENCE	ATHLETE WEIGHT IN KG
SANDA		How many Fights?	
PUSH HANDS	☐ Parallel Step ☐ Fixed Step ☐ Moving Step	How many competitions?	
SELFDEFENSE		Selfdefense experience?	

USE ONE REGISTRATION FORM PER ATHLETE!

NAME	AGE	GENDER M/F	EXPERIENCE IN YEARS	SCHOOL

TAOLU: SHAOLIN – WUSHU – TRADITIONAL KUNG FU – TAI CHI CHUAN – OTHER STYLES

TAOLU STYLE	UNARMED	SHORT WEAPON	LONG WEAPON	FLEXIBLE WEAPONS	EXHIBITION	OTHER

DUILIAN

NAME & AGE ATHLETE 1	NAME & AGE ATHLETE 2	STYLE & TAOLU NAME

CONTACT STYLES	PARTICIPATION YES OR NO?	EXPERIENCE	ATHLETE WEIGHT IN KG
SANDA		How many Fights?	
PUSH HANDS	☐ Parallel Step ☐ Fixed Step ☐ Moving Step	How many competitions?	
SELFDEFENSE		Selfdefense experience?	

USE ONE REGISTRATION FORM PER ATHLETE!

NAME	AGE	GENDER M/F	EXPERIENCE IN YEARS	SCHOOL

TAOLU: SHAOLIN – WUSHU – TRADITIONAL KUNG FU – TAI CHI CHUAN – OTHER STYLES

TAOLU STYLE	UNARMED	SHORT WEAPON	LONG WEAPON	FLEXIBLE WEAPONS	EXHIBITION	OTHER

<mark>DUILIAN</mark>

NAME & AGE ATHLETE 1	NAME & AGE ATHLETE 2	STYLE & TAOLU NAME

CONTACT STYLES	PARTICIPATION YES OR NO?	EXPERIENCE	ATHLETE WEIGHT IN KG
SANDA		How many Fights?	
PUSH HANDS	☐ Parallel Step ☐ Fixed Step ☐ Moving Step	How many competitions?	
SELFDEFENSE		Selfdefense experience?	