

Traders Mantra

Stock Market Courses



**FEAR OF MISSING OUT FOMO IN STOCK MARKET
TRADING | TRADERS MANTRA**

FOMO FEAR OF MISSING OUT IN TRADING | TRADERS MANTRA



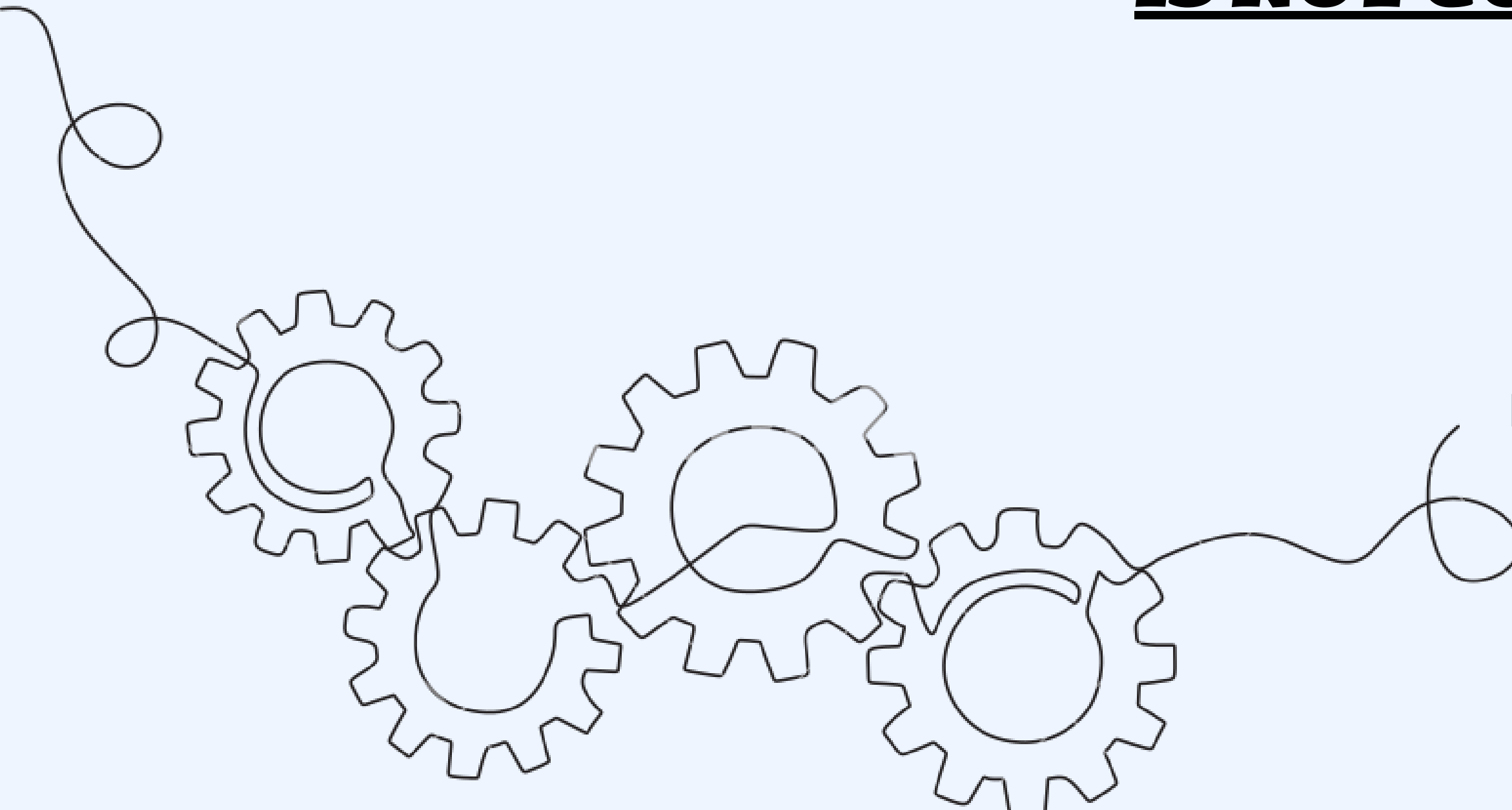
Fear of missing out in trading is an emotion every trader faces. But dealing with FOMO is not what every trader can do. Learn what is FOMO and how to deal with this emotion and the best books on the Stock market in Traders Mantra Stock Market Education.

FEAR OF MISSING OUT FOMO IN STOCK MARKET TRADING | TRADERS MANTRA

FOMO Fear of missing out is the most important emotion in Stock market trading a trader should understand. Learn why this FOMO comes and how to deal with FOMO in Traders Mantra Stock Market Education with the best books on the Stock market.



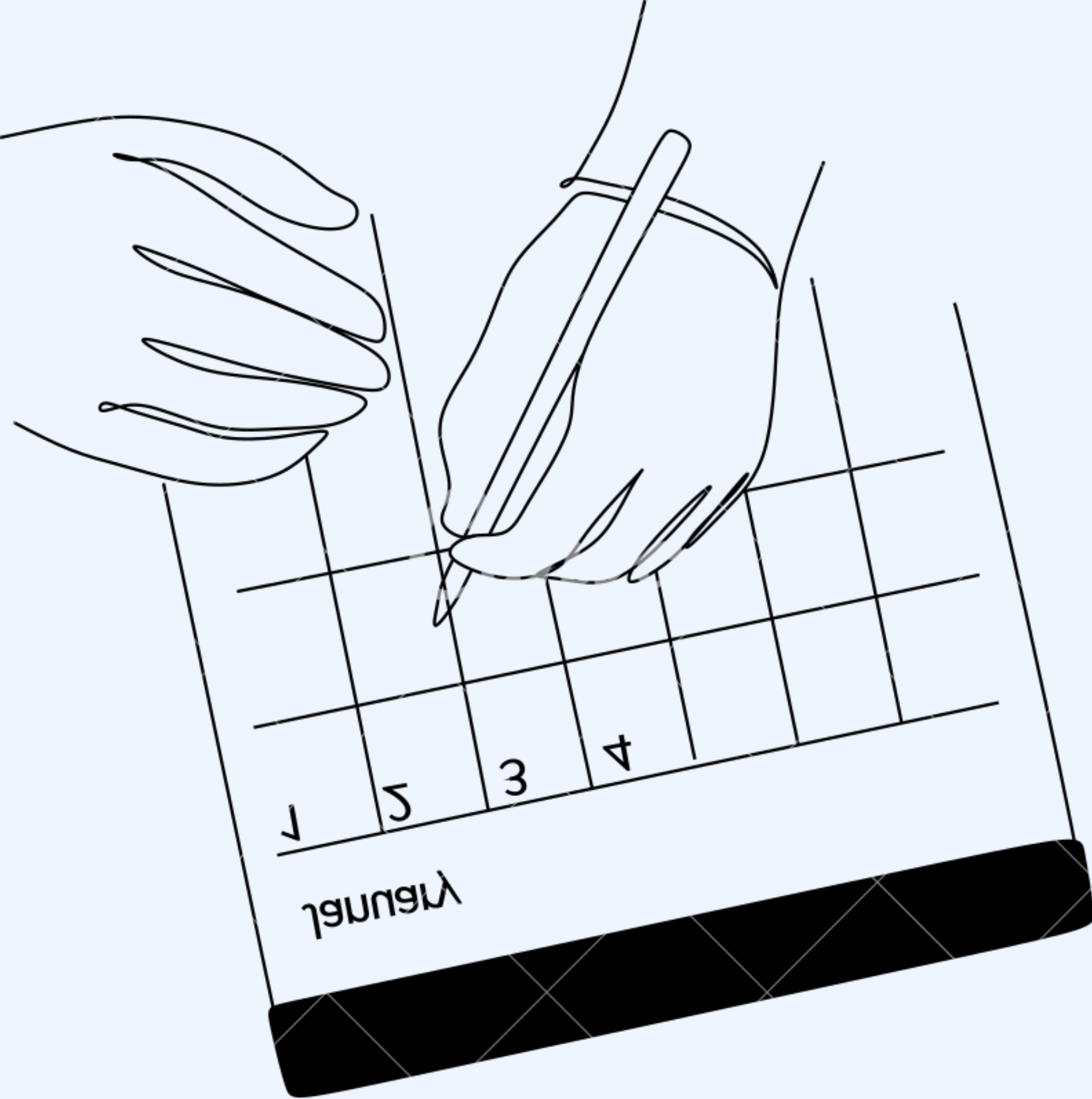
WHY FEAR OF MISSING OUT (FOMO) IS NOT GOOD IN STOCK MARKET TRADING?



Fear of missing out is the first mind-shaking emotion a trader experiences while entering the stock market trading.

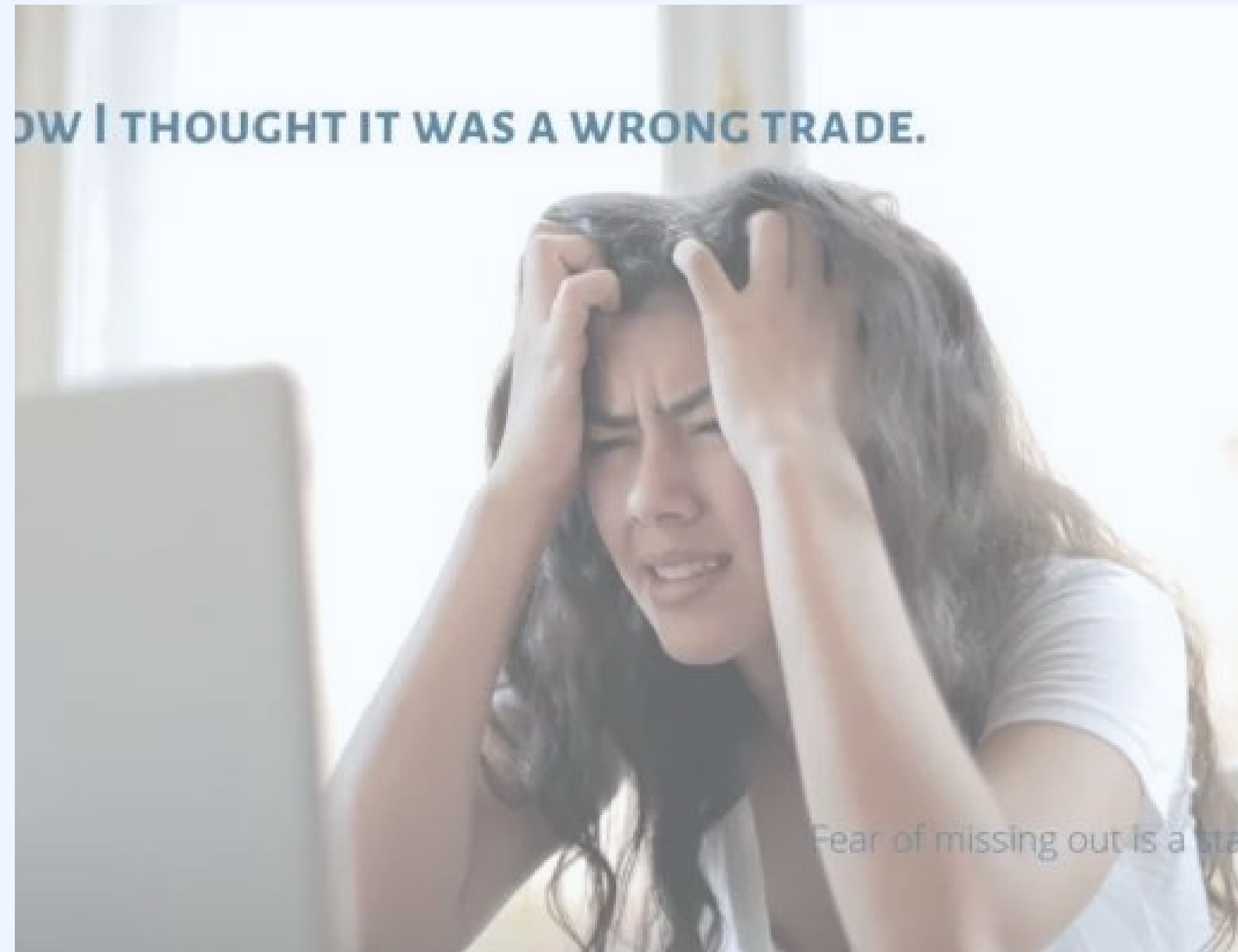
The fear of missing out is underrated because most beginners focus on the stock market analysis and spend all of their time understanding the concept of how to analyse the stocks. The beginners of the stock market don't reach the levels of understanding of the psychology of trading.

WHAT IS FEAR OF MISSING OUT?



The fear of missing out or the FOMO is the emotion a trader feels when he thinks that the stock or the rally is missed from his hands. In actuality, there is not any rally going on but this emotion let the trader buy the stock. A trader doesn't want to miss the rally which is actually just an illusion and not a rally. Soon after buying in the hope of getting a big money, a trader comes to a realization that there was not a rally in real.

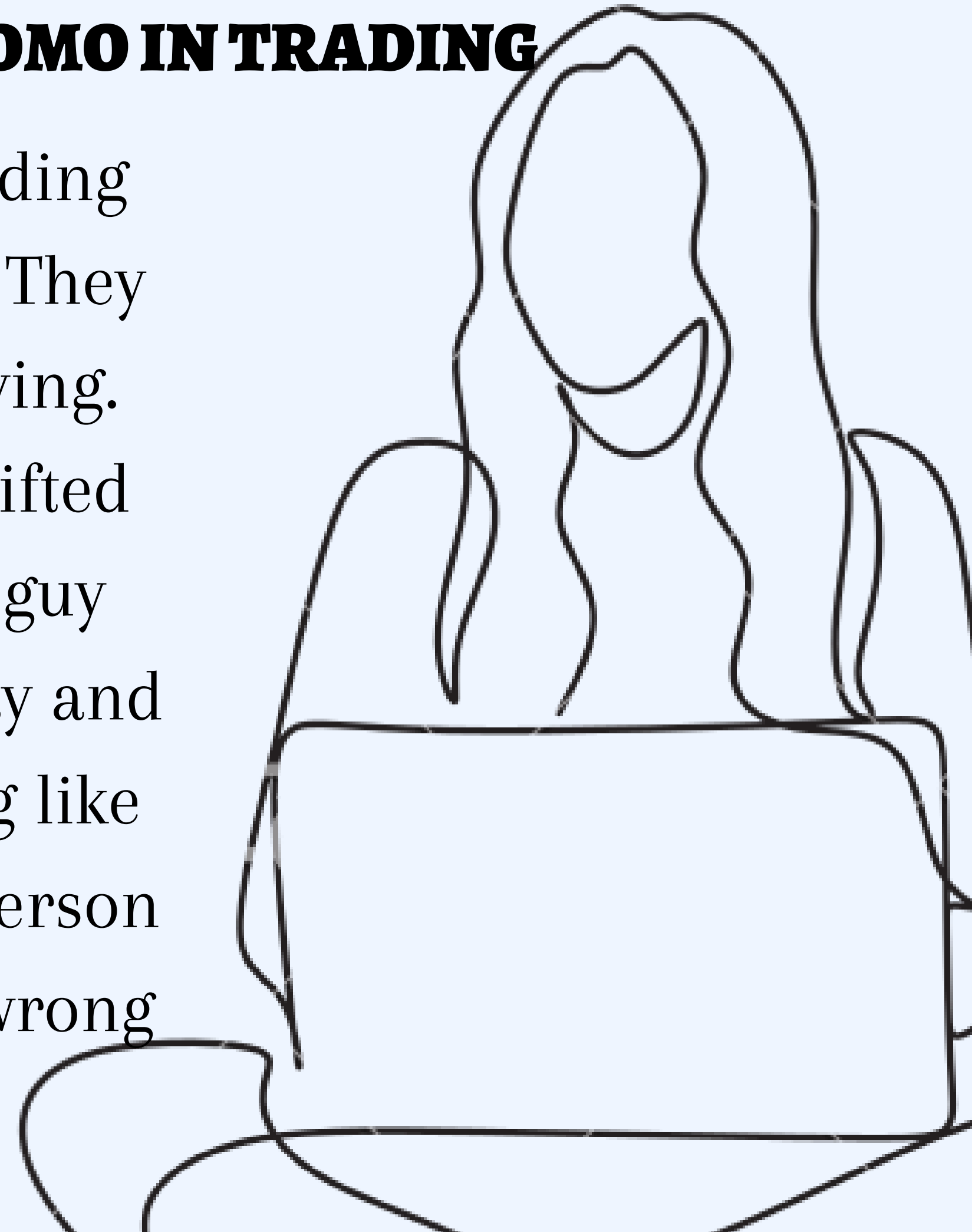
WHY THE FEAR OF MISSING OUT FEELING HAPPENS TO TRADERS?



If there had been some fixed formula or analysis in the stock market with which a trader can make profits then things would have been different. In any other profession, whatsoever is written in studies is valid and works well. For example, Mixing cement with water will make the mixture thick and solid structure in a given interval of time. Giving paracetamol will decrease the level of body temperature in fever. But in the stock market, there is not even a single move that a trader can be sure about.

THE TROUBLE OF EXTREME FOMO IN TRADING

There are few people who don't like standing at the red signal while driving or riding. They use shortcuts, wrong turns and rash driving. Now a day comes when this person is shifted to a city where rules are very strict. This guy has practised driving in a very wrong way and had an experience of many years driving like this. It will become impossible for that person to stay at all the red lights. This is what wrong practice makes a person like.



HOW TO DEAL WITH FOMO IN TRADING

Fear of missing out is in all sense an emotion. Having control of emotion is a part of market psychology and the key to controlling these kinds of emotions is discipline.

Emotions like Fear or Greed come when there is a lack of confidence. As discussed above, the market is a very unstructured pattern and nobody actually knows where the coming move will lead to. Not any of the technical theories can give you a definite move that where the market is likely to go.



BOOKS ON MARKET PSYCHOLOGY TO CONTROL EMOTIONS

There are a lot of books from the traders who had achieved success in the life of trading and investing. Few of them wrote books on Fundamental analysis and technical analysis. A few of the great books are like:

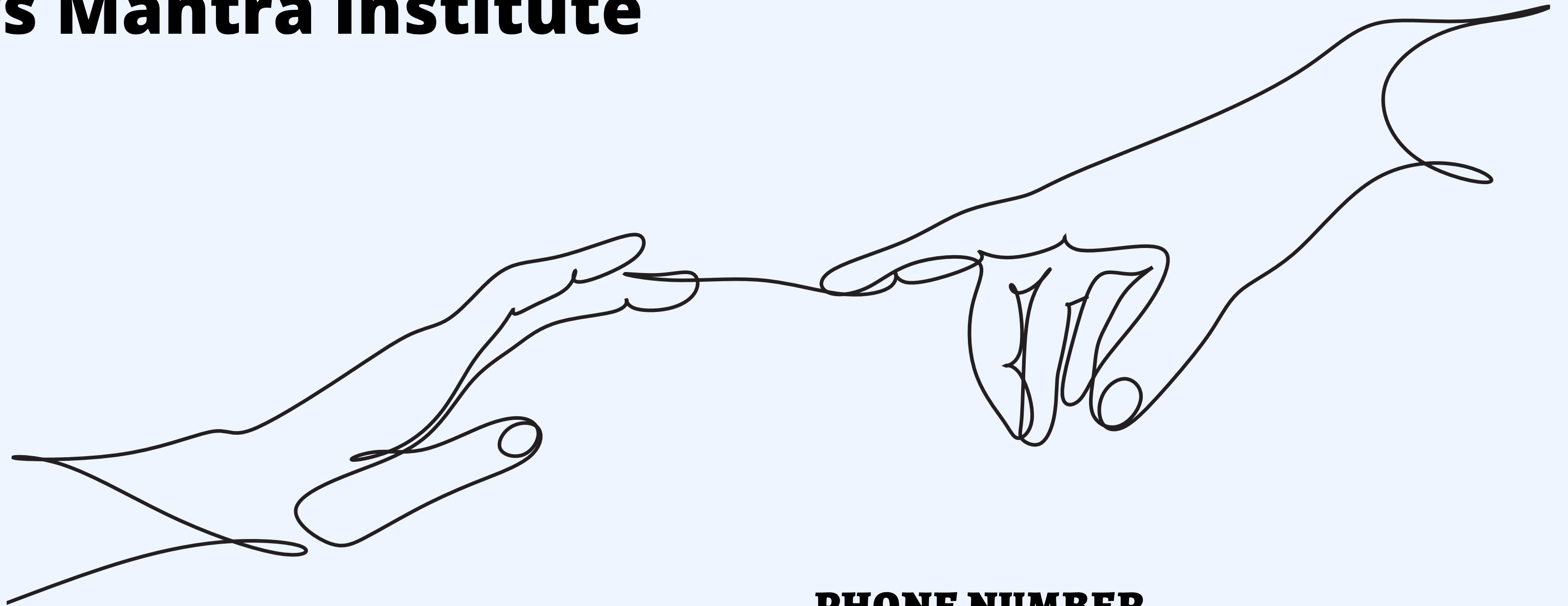
1. THE NEW TRADING FOR A LIVING

The book written by Mr Alexander Elder about trading is such a wonderful book in which an author tried to explain the concept of Market Psychology and Trade Management. Mr Elder has shown how trading is not different from living.

2. THE DISCIPLINED TRADER

Written by Mark Douglas, a trader who made many inexperienced persons into successful traders. In this book, he wrote about the psychology of the trader. From how a fresher trader feels to how a mature trader should feel, an author explored the edge in trading with many real-life examples.

Traders Mantra Institute



CONTACT US

Space Jam, SCO 50-51, 3rd Floor,
Adjacent to Mukat Hospital
Sector 34 A, Chandigarh - 160022

PHONE NUMBER

+918837793811

EMAIL ADDRESS

tradersmantra90@gmail.com

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**THANKS BY
TRADERS MANTRA
TEAM**

FEAR OF
MISSING OUT

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