



**Thoughtful Life Conversations:  
Advance Care Planning  
Willcox Elsie Hogan Library  
100 N. Curtis Ave, Willcox  
Tuesday, October 8, 2019, 1 – 2 pm**

Who will speak for you if you can't speak for yourself?  
When it comes to end-of-life care, give a gift to yourself and family/friends.  
Conversations Matter!

For those 18 years or older who want to learn about:

- Reducing fear and stigma around talking about dying
- Planning for healthcare decisions and resources
- Talking to others about their wishes
- How to complete documents such as healthcare power of attorney and living will
- Sharing these healthcare planning documents
- When to review and update these documents

**Registration is required and workshop is free. Space is limited.**

Included are program materials and *light refreshments*.

**Register, see upcoming workshops or for resources, go to:**

<https://www.seago.org/advance-care-planning>

**OR Register at the Willcox Library – Lucy Wilson, 520-766-4250**

**For information, please contact:**

**Veronica “Ronnie” Squyres – 520-355-5226, Area Agency on Aging  
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