



## Thoughtful Life Conversations: Advance Healthcare Planning

**Online - Zoom**

**Thursday, December 3, 2020, 2pm – 3:15pm**

Who will speak for you if you can't speak for yourself?

*Advance Healthcare Planning made easy!*

Give a gift to yourself and family/friends.

Conversations Matter!

**For those 18 years or older who want to learn about:**

- Planning for having your healthcare wishes honored throughout life
- Accessing resources and documents for healthcare decisions
- Talking to others about your wishes
- Completing documents such as healthcare power of attorney and living will
- Sharing, reviewing and updating these healthcare planning documents
- Reducing fear and stigma around talking about end-of-life issues

### **Zoom Registration Required:**

To register, see resources and other upcoming events, go to:

<https://www.seago.org/advance-care-planning>

OR register directly at:

[https://us02web.zoom.us/meeting/register/tZYqdOmvqTgtGtQ681\\_PbJqgDv\\_v9la3bRhsl](https://us02web.zoom.us/meeting/register/tZYqdOmvqTgtGtQ681_PbJqgDv_v9la3bRhsl)

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**Area Agency on Aging Region VI, Community Education Coordinator**