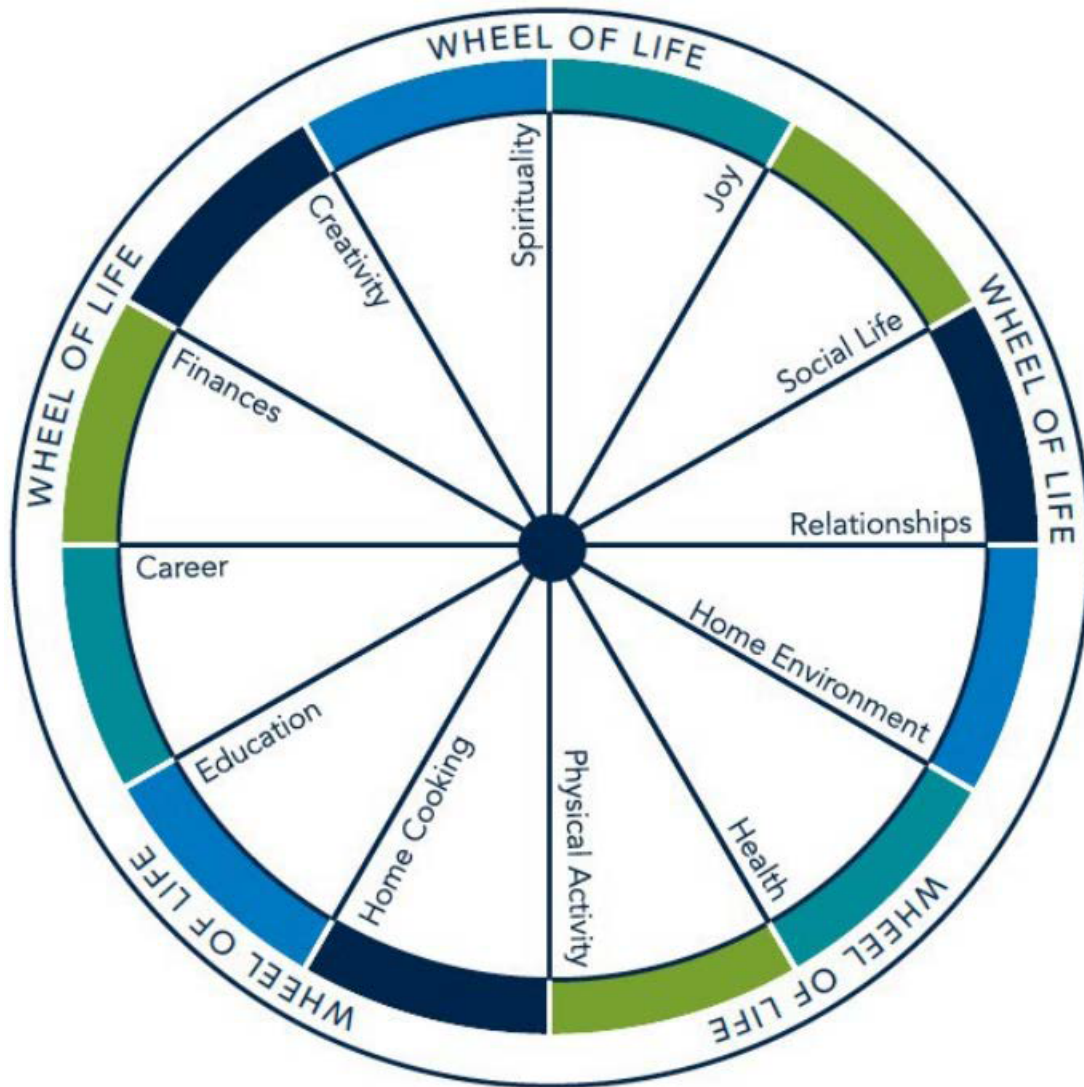


The Wheel of Life



Discover what wants to be nourished...

Look at each section and place a dot on the line marking how satisfied you are with each area of your life. A dot placed nearer the center of the circle indicates dissatisfaction, while a dot placed toward the outside indicates ultimate happiness.

When you have placed a dot on each of the lines, connect the dots to see your Wheel of Life. Are there areas where your Wheel is flat? Are these areas calling to be NOURISHED? How So?