

# 7 Hypoallergenic Cat Breeds for ESA - 2021 Guide

## What Are Hypoallergenic Cats?

Hypoallergenic means "slightly" allergenic. Hypoallergenic cats are those cats that have fewer allergies than other cats. Many cat owners believe that those cats who have less or no hair cause fewer allergies than the usual cats. Allergies are caused by [ESA letter](#) the saliva of the cat, not by the cat's hair. All cats produce allergies, whether they are hairless or not. If you are thinking of getting a cat for your emotional support, check if it works for you and your family. Hypoallergenic cats include females, light-colored, and shed fewer cats.

If you adopt the emotional support cat, and you are stuck in **how to get an esa letter online**, the procedure is simple. Simply get a therapist appointment online, and within a few minutes, you get the ESA letter through email.

## What are the Symptoms of Cat Allergy?

You can easily get the cat as your emotional support animal (ESA), but you need a legal **ESA letter** before getting this. If you adopt the cat for your emotional support, you have to know their allergy symptoms. Here are some symptoms of cat allergies are:

- Coughing
- Sneezing
- Itchy red eyes
- Red skin where the cat has scratched
- Runny nose
- Stuffy nose
- Hives or rash

If you see these symptoms, then consult your doctor immediately and request the doctor for an allergy test.

## Best Hypoallergenic Cat Breeds

Hypoallergenic cats are known to produce fewer allergens than regular cats. But no cat is truly hypoallergenic; here are some hypoallergenic cat breeds are:

### Balinese

Balinese cats produce less Fel D1 protein than other cats; they are less likely to cause an allergic reaction. Balinese cats are also known as "longhaired" family members of the Siamese family. This cat breed is similar to Siamese.

Balinese are playful, talkative, and companionable, and they are more independent than Siamese. This cat breed easily gets along with other pets and people. Balinese cats are an excellent choice for an emotional support animal. With a legal **ESA letter for housing**, you can easily live with your emotional support animal.

### Cornish Rex

Cornish Rex cats produce less Fel D1 like Balinese cats. They do shed less than other cat breeds. Cornish Rex cats are energetic and love to be the center of attention. It is also the best choice for an emotional support animal. An [emotional support dog letter](#) registration is required if you are getting the pet at home.

Cornish Rex has a wavy, soft, and rangy shape; they don't shed like other cats. They require less grooming, and they don't deposit hair around the home. It is a very unusual cat breed with huge ears and unique fur. Cornish cats easily create a bond with their owner. If you want to adopt this cat breed, visit the cat breed center.

### **Javanese**

Javanese cats are loyal, intelligent, playful, and athletic. They make a perfect family pet, and they love humans a lot. Javanese cats are active and vocal cats. They are opinionated cats and will tell you exactly what he thinks. Javanese cats are helpful and follow you around wherever you go. They are easy to groom and famous for low shedding. When adopting this breed, make sure that your **emotional support animal letter sample** is written on the professional licensed therapist letterhead.

### **Devon Rex**

Devon Rex cats are also known as 'pixie of the cat.' This cat breed has oversized ears and sparkling naughty eyes. They offer unconditional love to their owner. Devon Rex has less hair, and they shed very little than Cornish Rex. They are less likely to cause an allergic reaction. Devon Rex is fun-loving and a little devilish. This breed of cats is playful, super social, and extremely loyal.

### **Sphynx**

Sphynx is the first cat breed that is free from allergy. They are not hypoallergenic but they have fewer chances of getting an allergic reaction due to the lack of a fur coat. Sphynx cats are warm, and the owner has to wash and clean its skin to get rid of excessive oil. Sphynx cats are hairless and require some special care and requirements. If you suffer from allergies, then Sphynx could be the perfect emotional support cat for you. These cats are the center of attraction and love to get along with other animals.

### **Siberian Cat**

Siberian cats are also known as the Siberian forest cat, and if you live in a cold place, it becomes the best emotional support animal. This cat breed is hard, strong, and its weight is between 15 to 27 pounds.

Siberian cats also produce less amount of Fel D1 protein like Balinese and Russian Blue cats. This cat is powerful and quickly gets along with other cats, dogs, and children. It is commonly known for its problem-solving nature. If you are looking for a Fel D1 free cat, then a Siberian cat is the best choice. Great for children and a very playful cat breed.

### **Russian Blue**

Russian Blue cats also produce less Fel D1 protein, and they don't have any special coat qualities that make them hypoallergenic. This cat breed is playful and has a strong sense, so they can quickly sense their owner's feelings. They become a wonderful family pet, and you can easily train them. Their brilliant green eyes attract everyone, and they are also the best choice for an emotional support animal. On a valid **ESA letter sample**, the patient's name, the patient's mental condition, and the date of issuance and expiration are mentioned. If anything is missing and not written on the professional therapist letterhead, it is considered a fake ESA letter.