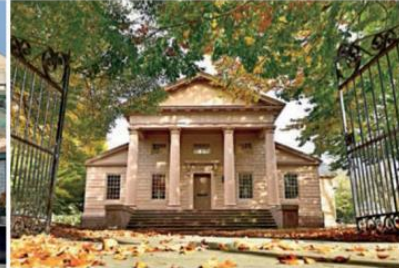




## Farmaesthetics®

Fine Herbal Skincare From the Farm



Clockwise from far left: Safe and splendid harbor at Bannister's Wharf; Redwood Library's 18th-century welcome; the spice of life from Tallulah's Tacos; a plain air screening at newportFILM

### STAY FOR A WEEKEND

Farmaesthetics founder Brenda Brock gives away 10 secret hometown favorites

The shopping destinations that have us packing our (extra) bags PAGE 49

## NAVIGATOR

Where to go now on the coast



WEEKEND GETAWAY

### Newport, Rhode Island

Get off the beaten cobblestone path with this insider's take on New England's historic and always glamorous port of call

Newport Harbor

#### 1 / MORNING RITUAL

Start the day at Newport Shipyard with coffee and a breakfast sandwich at **Belle's Cafe**, surrounded by the big, beautiful boats that Newport is famous for. Put your iPhone away and just enjoy the yacht crews buzzing around, provisioning.

#### 2 / RAW DEAL

While delicious every day of the week, **Benjamin's Raw Bar** on Thames Street runs Tuesday specials that make heaping platters of oysters, clams, and shrimp a tasty deal.

#### 3 / SHOP INSIDE

In a quiet corner of Newport's historic Point neighborhood, **Cottage & Garden** is Brock's go-to for vintage, modern, and industrial design treasures for house and garden.

#### 4 / SHOP OUTSIDE

Brock goes to the **Aquidneck Growers**

#### Market

for two things: local fresh flowers from **Little State Flower Co.** (at the Saturday market) and a big bag of what she calls "spectacular" tacos from chef Jake Rojas's **Tallulah's Tacos** (on Wednesdays).

#### 5 / SPA DAY

Brock's own line of products and services makes **The Retreat at Castle Hill** by Farmaesthetics a luxurious escape for locals and hotel guests alike.

#### 6 / RAIN DAY

An aesthetic gem that many visitors never discover, the circa-1747 **Redwood Library** is an architectural delight and a serene spot for reading, writing, and pondering Newport's rich history.

#### 7 / FAVE FEST

Farm Fresh RI's annual **Local Food Fest** (August 15 this year) showcases area farmers, fishermen, and food artisans through the creations of some of the town's top chefs.

#### 8 / DATE NIGHT

**The Skybar at Clarke Cooke House** on Bannister's Wharf is Brock's all-time favorite dining room for "pink sunsets, white dinner jackets, cocktails, and the most divine steaks and seafood imaginable."

#### 9 / MOVIE NIGHT

It's the coolest film series ever: Grab a picnic blanket, bites, and a bottle of wine and catch documentary films under the stars at some of Aquidneck Island's most breathtaking outdoor venues. Check **newportFILM's** calendar for run dates and locations.

#### 10 / MINI GETAWAY

Book an overnight stay at the **Paradise Farmhouse at Norman Bird Sanctuary**, a beautifully renovated rental home within walking distance of the beach, with a fully stocked kitchen and a birdsong soundtrack.

