

ARTS ACTIVITIES

Take a tik tok / YouTube video of yourself reciting poetry / telling a story in the afforestation area. Here is one by Richard St. Barbe Baker. Can you write one of your own?



Friends of the
Saskatoon
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Here is one written by Richard St. Barbe Baker
Be like a tree in pursuit of your cause.
Stand firm, grip hard, thrust upward.
Bend to the winds of heaven.
And learn tranquility.

It has actions.

Stand like a tree with your roots
growing deep into the earth
Grip hard with hands and feet.
Move your arms upwards like
branches of a tree.
Sway like a tree in the breeze.
Bring your arms down in a wide
circle by your sides.
Bring your hands together in the
center and feel peace and
tranquility.

