

# FURY Softball Practice Drills

## Coverages

There are lots of different coverages out there, we will briefly cover the most common but for more detail, engage a senior coach for a practice or there are video resources available as well that will help in understanding who needs to be where during certain plays.

The most common are:

- Bunt Coverage

This is when the hitter has bunted the ball or has squared around to bunt, the first base person and the 3<sup>rd</sup> base person will charge the plate. From there, depending on who is on base, the other players have places to go to cover for those who are attempting to play the ball.

- 2<sup>nd</sup> base pick off

This is when the catcher throws the ball down to 2<sup>nd</sup> base to throw out a runner stealing second. The shortstop will be receiving the ball at the base, the 2<sup>nd</sup> base person will circle in behind 2<sup>nd</sup> to cover the throw.

- Outfield Coverages

Outfielders need to help each other out on every hit to the outfield by running for a ball hit to their closest outfield teammate, this helps if one player falls or misses the ball, the other can get the ball and throw it in.

Outfielders also have the responsibility to help cover infield bases on throws as well. Those vary on the play but outfielders will never just be standing around!

There are lots of videos on coverages, not all will necessarily be encountered or required at every age group, although, these should be worked on with every age group so their transition to the next age level doesn't come with a pile of new learning required.

Make it apart of every fielding practice plan to bring up and work on a couple coverages so that in time, the players will do them without thinking out there.

15-30 minutes